

SCHOOL DISTRICT OF GILMANTON
Health Guidelines *(updated 2/24/17)*

Many parents are frequently concerned about when students should stay home or attend school. The following health guidelines apply:

Fever – a fever of 100° or more signals an illness, the student should stay home for 24 hours after the temperature returns to normal without the aid of fever-reducing medicine;

Vomiting, diarrhea or severe nausea – sometimes called stomach flu or norovirus: if student has vomited or had diarrhea, the student should stay home until 24 hours after the last episode and a normal diet is tolerated the night before and the morning of school;

Contagious infectious diseases – diseases such as impetigo, whooping cough, and strep throat require a doctor's examination and prescription for medication and doctor's approval for return to school;

Rash – if student has any rash that may be disease-related or if the cause is unknown, check with your family physician before sending the student to school;

Coughing – a persistent cough is commonly an upper or lower respiratory infection and if the cough is ongoing, coincides with fever or loss of appetite, or causes breathing problems, the ill student should stay home;

Injuries – if a student has an injury that causes continuous discomfort, the student should not attend school until the condition is checked by a doctor or it improves and injuries that interfere with class participation need a medical evaluation and if participation in physical education class is not recommended, a doctor's excuse is required.

Other information:

Medications – Students requiring a prescription medication at school must have signed physician orders on file and a parent request form. These forms are available in the high school office. Medications are given by designated school personnel. Inhalers can be carried and used by the student if stated on the physician order. Prescription medicine must come in the most current pharmacy container with the pharmacy label. Instructions for giving medication must match the physician's orders on file.

Over-the-counter medications - Must come in the original container with student's name. The parent request to give medicine must state how much is to be given, what time and what the medicine is for. Over-the-counter medications will be administered by designated school personnel if parent request form is on file with school.

Head Lice policy – No child can attend school with live lice in their hair. If lice are found, the child must go home. He/she can return when an approved treatment for lice has been completed.

Immunizations - By state law, must be up-to-date (or a waiver must be signed) and they must be on file at school.

The school nurse, Elaine Rud, should be contacted at 715-946-3158 with any questions regarding school health issues.